Recording Sheet
30min Swim

Award Year:	Name:		
Registration Number:		Age:	M / F (Please Circle)
Club Name:		Club Code:	

Record the split and cumulative time for each 100 metres in the table below.

100m Split Cumulative		1100m		2100m	
200m Split Cumulative		1200m		2200m	
300m Split Cumulative		1300m		2300m	
400m Split Cumulative		1400m		2400m	
500m Split Cumulative		1500m		2500m	
600m Split Cumulative		1600m		2600m	
700m Split Cumulative		1700m		2700m	
800m Split Cumulative		1800m		2800m	
900m Split Cumulative		1900m		2900m	
1000m Split Cumulative		2000m		3000m	

Date of Swim	Pool Length	Stroke	Points
Timekeeper's Name		Club Recorder – Name and signature	